

**INTAKE FORM**  
Body Mind & Birthing®

*To save time, please print out these four pages, fill out, sign, and bring with you to our first session. Thank you!*

YOUR NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

PHONE#1 \_\_\_\_\_

PHONE#2 \_\_\_\_\_

EMAIL: \_\_\_\_\_

DOB: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

\_\_\_\_\_

WHO REFERRED YOU \_\_\_\_\_

WHICH SERVICE BROUGHT YOU HERE AND WHY? Please Circle those that apply:

Pediatric

Animal Body Therapy

Hypnotherapy

Birth Classes /Birth Consultation

## **POLICIES**

Cancelling appointments twelve hours in advance will relieve you of any financial obligation for your scheduled time slot. This can be done by sending me a voicemail or text: 310.663.9390.

Failure to communicate twelve hours in advance will result in your being billed 100% of your scheduled session.

Failure to show for an appointment will result in 100% payment for your scheduled session.

### **Please initial the following:**

\_\_\_\_\_ I agree to pay 100% for a missed appointment when time-slot is unable to be re-filled or when I fail to show.

\_\_\_\_\_ I understand that if I am late for my session, the time missed is considered part of my session time.

\_\_\_\_\_ I understand that payment is due at the end of each session.

\_\_\_\_\_ I agree to pay Caitlin Philips by check or cash unless otherwise discussed. Please arrive with checkbook or cash in full. Failure to provide full payment at the end of each session will result in a 10% add-on fee.

\_\_\_\_\_ I understand that once our Practitioner/Client relationship is established, the first ten minutes of any phone conversation is complimentary. Questions that require a lengthy and more in-depth response will be considered "Consultation," to be charged accordingly.

## **FEES**

I understand that ...

- CranioSacral, Birth Counseling and Consultation fee is \$110 per hour.
- Ninety Minutes: \$130.00
- Two hours: \$190.00.
- Pediatric fee: \$90.00
- Canine fee: \$60.00
- Other Pet fee: \$35 - \$50 depending on type and size
- Children's session for small-animal fee: \$15.00, (rabbits, hamsters, birds, etc.)

# **RELEASE**

**BODY, MIND & BIRTHING®, THE TAO OF BIRTHING® and  
PAW PEACE, ANIMAL BODY THERAPY**

*Please scroll down to your desired service, and read:*

## **HYPONOSIS**

The practice of Hypnosis/Hypnotherapy is utilized for the purpose of bringing mind and body into a state of relaxation. When relaxed with Hypnosis, Client will never be or feel out of control. Should Client want to discontinue Hypnosis at any time during a session, Practitioner, Caitlin Philips will return the session to a cognitive format.

Caitlin Philips' education, training and certification from Hypnosis Motivation Institute (HMI) resulted in 1,120 hours of education, spanning 12 months. HMI is Nationally Accredited by the Accrediting Council for Continuing Education and Training (ACCET), which is recognized by the U.S. Department of Education, and by The Distance Education and Training Council (DETC), an accrediting agency recognized by the U.S. Department of Education. HMI is additionally approved by the Bureau for Private Postsecondary Education (BPPE) and Department of Consumer Affairs. Hypnotherapy is not licensed by the state of California.

## **PRENATAL CRANIOSACRAL THERAPY**

The practice and techniques of Prenatal CranioSacral Therapy are utilized for the purpose of relaxation, pain reduction and preparing the pelvis for birthing. Caitlin Philips is Certified in both Prenatal Massage Therapy, and Prenatal, Postnatal and Infant CranioSacral Therapy. Caitlin Philips holds a license to practice Bodywork in the state of California.

## **PEDIATRIC BODYWORK AND CRANIOSACRAL THERAPY ...**

...is provided for the purpose of recovery from injury, surgery, illness or any other physical restriction, as well for BodyMind balance, e.g., emotional and neurological presentations such as ADD/HD, Autism, Learning Disabilities, Anxiety and Depression.

Caitlin Philips is Certified and Licensed in the state of California to practice Massage Therapy, CranioSacral Therapy and all complimentary “hands-on” therapy. She concurs with advice and recommendation by a Physician, and does not regard Pediatric Bodywork as “the only way” to health. She will assess Client and then discuss Holistic solutions with Parent/Guardian and Child prior to initiating “hands-on.”

I understand that my child/teen may, (or may not) experience a sense of sleepiness and/or change in mood, (positive or negative) after our session. If so, this is simply due to Client’s BodyMind subtly adjusting to new and unfamiliar patterns. This is normal in all clients, and should resolve in no more than twenty-four hours.

**PAW PEACE, ANIMAL BODY THERAPY** Practitioner, Caitlin Philips maintains a License in Massage Therapy, which includes CranioSacral Therapy for Adults, Prenatal/Postnatal, Infants and children. Additionally, she holds Certification in Equine Sports Massage Therapy. Massage and complimentary techniques will be applied to your animal specific to their needs. Caitlin concurs with Veterinarian prognosis and advice.

\* I, \_\_\_\_\_  
(print your name) **understand that:**

**ALTERNATIVE MEDICINE ...**

...included in The Tao of Birthing® manual and in regard to any other modality, and suggested by Practitioner, Caitlin Philips are only suggestions, which may or may not be effective depending upon each individual client. I understand and agree that I am fully responsible for the following ...

The external use of essential oils, and the ingestion, insertion, spray, or bathing in anything that may be considered alternative. Explanations to each "alternative" will be given, in detail, by Caitlin during session/s. Ultimately, I agree to make my own informed decisions.

I do not hold Caitlin Philips, Body, Mind & Birthing®, The Tao of Birthing®, or Paw Peace responsible for my decisions or actions. I acknowledge that Practitioner/Instructor/Doula, Caitlin Philips concurs with consulting a physician, acupuncturist, herbalist, nutritionist, homeopath, veterinarian or any other medical or alternative Health Care Provider at any time and in regard to the use of all above mentioned alternative measures for any of the above stated services.

Your signature below signifies understanding and agreement to all points of Policies and Release:

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Client Signature

Date